

Medications That Will Affect Allergy Testing

PLEASE LOOK UP YOUR MEDICATIONS BY THE GENERIC NAME. THIS IS NOT A COMPLETE LIST. CALL THE ALLERGY DEPARTMENT TO CONFIRM

ORAL ANTIHISTAMINES (Allergy Medications)- STOP 5 DAYS BEFORE TEST

GENERIC NAME	BRAND NAME
Acrivastine	Semprex-d
Astemizole	Hismanal
Azatadine	optimine, Trinalin
Brompheniramine	Dimetane Cough Syrup
Carbinoxamine	RyVent, Karbinal ER, Palgic
Cetirizine (5-7 days)	Aller-tec, Zyrtec, Children's Allergy
Chlorphenamine	Chlor-Trimeton, Aller-Chlor, Wal-Finate, Chlor-tabs, Pharbechlor, Chlor-Hist, Piriton, Allergy-Time
Chlorpheniramine (3-6 days)	Dura-vent DA, Extendryl, Hydiomine Compound, Kronofed, Nalamine, Rynatan, Rynatuss, Sinulin, Tussionex
Clemastine (5-10 days)	Dayhist, Allergy Relief, Tavist
Cyproheptadine (7-11 days)	Periactin
Desloratadine	Clarinex
Dexchlorpheniramine	Extendryl, CoryZa-D, DexPhen M, Polaramine
Diphenhydramine (3-5 days)	AllergySinus, Theraflu, Ibuprofen PM, DyTuss, Benadryl, Dormin, Tylenol PM
Doxylamine (Sleep-Aid)	Unisom, Wal-Som, Sleep Aid
Dura-vent	Dravent-PE, Duravent DM
Fexofenadine (5-7 Days)	Aller-ease, Aller-Fex, Wal-Fex Allergy, Children's Allergy Relief, Allegra, Allergy relief, Mucinex Allergy
Hydroxyzine (7-8 Days)	ANX, Vistaril, Atarax, Hyzine, Vistaject-50, Rezine
Ketotifen	Zatiden, Alaway
Levocetirizine	Xyzal, Levrix,
Loratadine (9 Days)	Claritin, Alleclear, Wal-tin, Allergy Relief, Non-Drowsy Allergy
Methdilazine (skin rash)	Tacaryl
Phenindamine	Nolahist
Pyrilamine	codimal-DM
Tiprolidine	Histex, Vanahist PD, Zymine
Terfenadine	Seldane

Gastric Medications- Nuasea, Antacid, GERD, Motion Sickness STOP FOR 3 DAYS

Cimetidine. (2days)	Tagamet
Cydivert	Valoid, Marezine, Marzine
Dimenhydrinate	Draminate, Dramamine, Gravol
Famotidine (2 days)	Pepcid, Duexis
medizine	Bonine, Travel-ease, Motion-Sickness Relief, Verticalm, Zentrip
Methscopolamine	Pamine
Nizatidine	Axid
Promethazine (3-5)	Phenergan

Medications That Will Affect Allergy Testing

Sedatives/Antidepressants/Anxiety-Stop for 7 days *WITH PHYSICIAN'S APPROVAL ONLY!*

Generic Name	Brand Name
Alprazolam	Xanax, Niravam
Amitriptyline	Elavil, Enderp, Etrafon, Limbitrol, Vanatrip
Amoxampine	Asendin
Bupropion	Wellbutrin
Clomipramine	Anaframil
Clonazepam	Klonopin
Clorazepate	Tranxene
Chlordiazepoxide	Librium, Poxi, Mitran, Limbitrol
Diazepam	Valium, Diastat AcuDial
Doxepin (8 Days)	Adapin, Sinequan, Zonalon
Estazolam	Prosom
Eszopiclone (5 days)	Lunesta
Flurazepam	Dalmane
Lorazepam	Ativan
Midazolam	Versed
Oxazepam	Serax
Temazepam	Restoril
Triazolam	Halcion
Trimioramine	Surmontil
Desipramine	Norpramin
Imipramine (10 days)	Tofranil
Nortriptyline	Aventyl HCL, Pamelor
Protriptyline	Vivactil
Quetiapine	Seroquel
Zolpidem	Ambien

Nasal Sprays Must Stop 2 Days Prior to Test

Azelastine (nose spray)	Astelin, Astepro, Dymista
Olopatadine	Patanase

Eyedrops- Stop 2 days Prior to Test

Alcaftadine (eye drops)	Lastacaft
Azelastine (eye drops)	Optivar
Bepotastine (eye drops)	Bepreve
Emedastine (eye drops)	Emadine
Epinastine (eye drops)	Elestat
Naphazoline	Naphcon-A, Opcon-A, Visine-A
Olopatadine (eye drops)	Patanol, Pazeo, Pataday
Ketotifen Fumarate	Zaditor

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OTHER MEDICATIONS AND SUPPLIMENTS- DO NOT TAKE FOR 7 DAYS	
EXCEDRIN (1 DAY)	ST. JOHN'S WORT
VITAMIN A,C,D AND E	GREEN TEA
LICORICE	FEVERFEW
GREEN TEA	MILK THISTLE
SAW PALMETTO	ASTRAGALUS

If you take any of the following IMMUNOSUPPRESSANTS please call the Allergy Dept at 210-858-2832:

- Arava (Leflunomide)
- Azulfidine (Sulfasalazine)
- Cyclophosphamide
- Cyclosporine
- Enbrel (Etanercept)
- Humira (Adalimumab)
- Imuran (Azathioprine)
- Kineret (Anakinra)
- Methotrexate
- Orenia (Abatacept)
- Plaquenil (Hydroxychloroquine)
- Remicade (Infliximab)
- Rituxan (Rituximab)
- Stelara (Ustekinumab)
- Xolair (Omalizumab)
- Nucala (mepolizumab)

Asthma Medications Should NOT BE STOPPED!!!!

- MAINTENANCE INHALERS should be taken as directed and should be brought with you to the appointment.
- RESCUE INHALERS can be continued but not on the day of the test. Call to reschedule if taken. Bring to appt.
- SHORT TERM INHALERS that are prescribed for infections or acute illnesses will need to be stopped for 2 weeks prior to test.
- THEOPHYLLINE will affect the test. Please notify the allergy department if you are taking this.